

# Adventure Bags



Overcoming the barriers to getting your  
program outside and connecting to the  
natural world.

Collaboration. Engagement. Belonging. Curiosity

# Adventure bags

Learning Outcomes for children from this Experience

• Observation skills • Spatial Awareness • Geography • Literacy • Numeracy • Indigenous Perspectives • Place Based Learning • • Measurement • Data Handling • Retelling Stories • Representation • Seriating • Problem Solving • Fine Motor Skills • Classifying •

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Picture this scene...

Jessica has her group of 8 preschoolers and she is ready to get outside! She has her emergency backpack, her attendance, she has 3 stuffies under her arms and has the bucket of water bottles and sunscreen. Woohoo! Then her supervisor comes down and says, "So...what do you have planned for outside?"

She thinks to herself, "There is no way they can expect me to plan a program outside when I have to worry about all this stuff." She struggles because she knows that she wants to give this outdoor learning thing a shot but it seems impossible with everything she needs to remember to bring outside each and every day.

Have you been there before? If so, we have a solution. We know that educators want to offer the very best for children and there are lots of things that can get in the way. We have noticed how our use of "Adventure Bags" have overcome the common barriers with having the materials to respond and provoke children's natural curiosities in the outdoors.

# Adventure Bags



We understand that on top of all the things to remember, it can be a challenge to ensure you have all the appropriate materials to respond to the natural curiosities for children.

We have found that Adventure bags serve as a wonderful resource to overcome that barrier and can be easily transported.

The materials you choose for your bag can vary depending on the children's interests and what you notice about what the children are drawn to.

They are a low cost initiative that can provide you with the tools to respond to children in all types of weather.

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Where to begin?

1. Find yourself a backpack
  2. Begin to curate materials to put into the bag. Some ideas include:
- Magnifying glasses
  - Measuring tapes
  - Clipboards, paper, writing utensils
  - Field guides...We LOVE field guides.
  - Ropes
  - Small containers
  - Birding resources & binoculars
  - Nature based stories
  - Paint chips
  - Tools for documentation



The list is endless and can be adapted and evolved as children's curiosities grow. The important tip is ensuring you are intentional about refreshing these materials. This can take 10 minutes per week and can involve the children as well. Ensuring you have this bag with you at all times will ensure that you can respond to the natural curiosities of children. It will also instill that every day and every opportunity outside is an adventure.

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